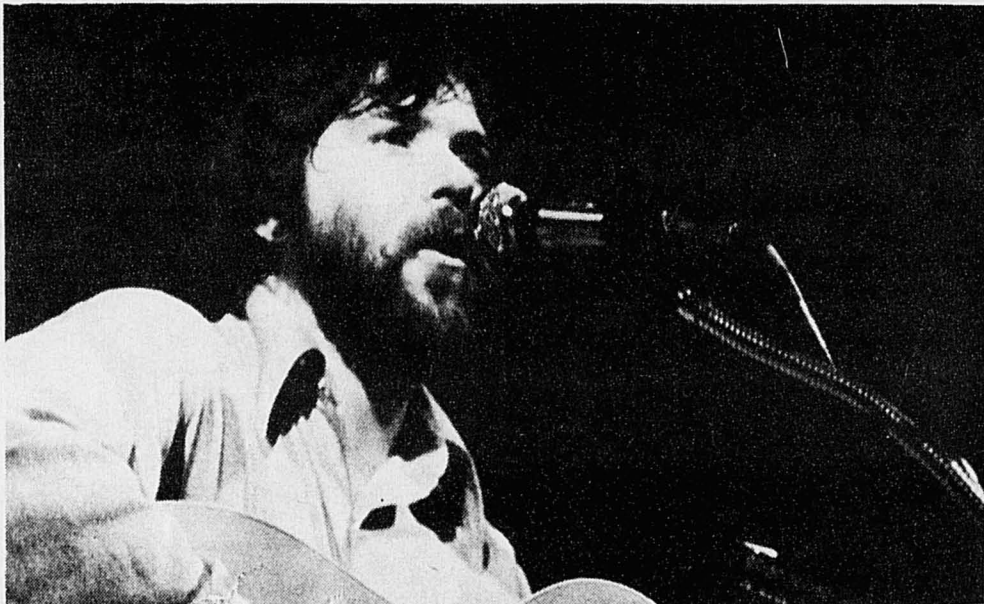


Avila Examiner

Monday, October 18, 1976



FRANK HALL will perform Mon., Oct. 18, at 11:45 a.m. in the Snack Bar, and will be in concert from 7-9 p.m. in upper Marian Lounge.

SUB sponsors Free concert

Frank Hall first came into performing during the folk music boom of the early sixties when he borrowed a friend's guitar and broke into the coffeehouse scene at the University of Nebraska. With a trio called the "Cellar Dwellers" he spent several years learning the art of performing to every type of audience in every type of situation. As a single he continued to develop, and his already innate ability to relate to audiences has matured. His

choice of music and material is always on target.

One of the more vicious training grounds he encountered was saloon crowds, but once an entertainer learns to calm and grab a room full of noisy drinkers, concerts are easy, and Frank Hall has become one of the best.

Frank has a phenomenal gift for distilling all of the best of the music and comedy material he has been exposed to over the years. In the ten

years he has been performing he has shared billings with some of the top names in the country. His widespread college concerts have charmed audiences everywhere.

Frank's sets consist of outstanding music and tailor-made humor that breaks down even the stuffiest of audiences. With his extreme talent for entertainment, Frank Hall is considered to be one of the best single performers in the business.

Student residents govern halls

By MICHAEL H. MARX

Living away from home is quite an experience. For the first time in his life, the student is out on his own. Gone are the days of "having" to listen to Mom & Dad. Gone are the days of house chores and brothers and sisters. "Good bye, dull life; hellow, fun, parties and 'freedom'." Right? Maybe. Living away from home can be just as "bad." Sure, one is more or less on his own, but that makes him even more dependent on those surrounding him. This is especially true of dormitory students. They live closer together and are more intimately involved with each other than ever before in their lives — including their own families. Unforeseen complications arise at the most inopportune times and cause tremendous stress if they are not solved with fellow dormitory students. There are also times (and God knows there are too many) when there is not a thing to do. That also causes undue anxiety.

So it seems that we have a bunch of bewildered people

living in the dorms. Not really! For the very reasons outlined above, Residence Hall Government (RHG) has been called into existence. RHG is essentially concerned with improving the quality of residence hall living. As to what these improvements could be, that is left up to each resident.

By virtue of living in the dormitory, each resident is a member of the RHG Association. From these people each floor elects members to serve on various committees (food, education, public information, activities, floor representatives) thus forming the RHG. From RHG, all floor representatives and committee heads work with the resident Assistants and Directors, and the RHG Executive Committee to ultimately determine programs, policies and activities. In addition to programs for the whole residence structure, each individual floor has plenty of leeway to provide for its own unique types of people. Floor activities can be extended to

include perhaps another floor,

as is frequently the case if one realizes that there is only one floor of male residents. Obviously there are many variable opportunities for 1 or 2 floors to get together. It only remains that the residents make use of these.

This year RHG will provide the best programs in the halls so that the students can live in both an educational as well as a recreational environment. Kathy Noonan, RHG Executive Chair-person, and her Committees have set up the following activities for the immediate future.

Oct 30 — Bed Race
Nov. 7 — College Bowl (winning floor receives a color T.V. set).

If you are not yet familiar with RHG, its purpose and capabilities, please try to find out. Talk to your representatives. They want to hear what you do or do not like so that they can try and make things better for you. RHG will be what you help it to be. On its own it is without much power. Help RHG realize its goals and purposes, because these are, after all, you the resident student.

Counseling expands services

By DOTTI CEBULA

The Counseling & Related Services Center, located in Carondelet Hall (lower level - the "tunnel"), offers free professional help in personal, vocational and educational areas for Avila students.

The two full-time staff are Jay Bopp, PH.D. candidate in guidance and counseling, who is the Director of Counseling and Related Services, and Pat Ernst, Masters degree in guidance and counseling, who is the Coordinator of Career Education and Placement. The part-time staff include a secretary, four work-study students, two paraprofessionals and a soon to arrive practicum student from UMKC's Guidance and Counseling program.

Services now available: personal counseling, academic counseling, vocational counseling, weight reduction programs, training sessions, study skills, how to write a resume, how to write a paper, interviewing techniques, and even more. Also available are courses under the Business and Psychology curricula taught by Pat Ernst on career development.

A "Learning Resource Center" is set up in the library area of the reception room of the counseling center for students who need to enhance their basic skills. The programmed material is presented with the guidance of a paraprofessional worker on a one to one basis with the student. Examples of the tape-book programs available are: "Listening and Notetaking", "Study Skills", "Reading and Underlining", "Reviewing and Skimming".

Under Career Education and Placement there are the listings of full and part time job opportunities posted on the outer wall of the reception office.

An important note to seniors: Register with this office for the service of mailing out your credentials to prospective employers. Once you are on the Registry a bi-monthly flyer will be sent to you listing available career jobs.

The center is developing a program to have more on-campus job interviews. On Thursday, October 21, 1976, a recruiter from the Dept. of Social Services of the state of Missouri will be on campus to talk to seniors about possible employment. Please call Pat Ernst ext. 266 or 269, for an

appointment with him.

The center is now a national testing center for the American College Testing program (ACT). The next group test will be on campus on November 20, 1976. For those that miss the national, date, there will be the opportunity to take the test later on an individual basis.

The center's resources are growing and possible future areas of concern may be in developing a "campus stress program", a "concerns of

returning students program", assistance in developing grants, and other needs that students may have.

Drop in and see what is going on, maybe just the information or program or job that you've been looking for is there waiting for you.

Office hours:

8 a.m. - 9 p.m. Mon.-Thur.
8 a.m. - 4 p.m. Fri.
9 a.m. - 12 noon Sat.

For more information, please call 942-8400, ext. 266 or 269.

Student services hours

HOURS Fall Semester 1976-1977		Health Services	
Admissions Office		Monday — 9 a.m. - 1 p.m.; 2 p.m. - 5 p.m.; 6 p.m. - 9 p.m. Tuesday & Wednesday — 9 a.m. - 1 p.m.; 6 p.m. - 9 p.m. Thursday — 9 a.m. - 1 p.m.; 5 p.m. - 7 p.m. Friday — 9 a.m. - 1 p.m.; 2 p.m. - 5 p.m. Saturday — 9 a.m. - 12 p.m.	
Bookstore		Housing	
Monday & Wednesday — 8:30 a.m. - 8 p.m. Tues., Thurs., & Friday — 8:30 a.m. - 4 p.m. Saturday — 9 a.m. - Noon		Monday - Friday — 8 a.m. - 5 p.m.	
Cafeteria		Library	
Monday - Friday — 6 a.m. - 9 a.m.; 11:30 a.m. - 1 p.m.; 4:45 p.m. - 6 p.m. Saturday & Sunday — 8 a.m. - 9 a.m.; 12 p.m. - 1 p.m.; 5 p.m. - 6 p.m.		Monday - Thursday — 8 a.m. - 10 p.m. Friday — 8 a.m. - 4:30 p.m. Saturday — 9 a.m. - Noon Sunday — 7 p.m. - 10 p.m.	
Campus Ministry		Snack Bar	
Mon., Wed., & Friday — 10 a.m. - 12 p.m.; 1 p.m. - 3 p.m. Tuesday & Thursday — 9:30 a.m. - 11:30 a.m.		Monday - Friday — 7:30 a.m. - 11 p.m. Saturday — 7:30 a.m. - 4 p.m. Sunday — 1 p.m. - 11 p.m.	
Counseling & Related Services		Student Life	
Monday - Friday — 8 a.m. - 5 p.m. Flexible Evenings.		Monday - Friday — 8 a.m. - 5 p.m.	
Dean of Students		Veterans Office	
Monday - Friday — 8 a.m. - 4:45 p.m., Evenings and Saturdays by appointment.		Monday — 1 p.m. - 5 p.m. Tuesday — 11 a.m. - 3 p.m. Wednesday — 12 p.m. - 5 p.m. Friday — 9 a.m. - 4 p.m.	
Financial Aid			
Monday - Friday — 8 a.m. - 4:45 p.m., Evenings and Saturdays by appointment			

EDITORIALS:

This is the third issue of the Avila Examiner for the year 1976-77. For Avila, a student newspaper published this often, is something that has been lacking in the last few years.

It is no easy task to publish a newspaper on a campus which is not involved in a journalism program and which lacks the professional staff with an expertise in this area.

The Examiner exists because students wanted it, and were willing to work with it knowing that a minimal amount of staff assistance was available.

Much of the credit for the establishment of the paper must go to its first editor, Caroline Adams. Caroline worked diligently through the summer recruiting a staff of new students, who possessed a minimum of journalistic experience but a wealth of enthusiasm and a willingness to attempt this considerably challenging task.

Caroline's example of hard

work and creative risk has established a staff which will continue to bring a much needed asset to the Avila campus, the Examiner.

Caroline has resigned as editor of the paper, for personal reasons. She will continue to serve the College as a valuable staff member of the paper, doing feature and general interest articles.

To her, goes our heartfelt thanks for her past service and her commitment to the future.

+++

A new editor will be selected in the next two weeks. The opportunity for growth and personally rewarding experience is manifested in this position of responsibility and accountability. Should you be interested in applying for this position, or the vacant position of Business Manager for the paper, please contact the Office of Student Life as soon as possible.

LETTERS TO THE EDITOR

Dear Editor:

This note is in reference to the letter which was attributed to Mr. David Hodes and which was published in the Avila Examiner of 9-29-76.

After much careful consideration I was unable to discover just where "Anatomy" at Avila levels off with X-rated movies. I therefore carefully reconsidered the content and the general tenor of the letter itself. I found that I was able to place it very nicely into one of the author's own stipulated age groups, although I will refrain from mentioning on which end of the continuum it fell.

All of this led me to only one conclusion: "Anatomy" and "Art" were employed as illustrative devices primarily because the terms both appear so very early in the dictionary. Thus, their usage undoubtedly reduced the time necessary for spelling research in the preparation of that letter. — DR. E. W. DONOVAN, Coordinator, area of Biology

Dear Editor:

In reference to David Hode's letter in the last issue of The Examiner, I would like to comment.

Apparently Mr. Hodes is one of the ambitious college-aged students who though college was a place of higher learning.

I envy him. As an older student, I am not here as a pass-through, to "improve my image," to quote him. I and many others of my contemporaries are not here to play games. At \$58 a credit hour, this game would be too expensive. I envy him the

luxury of being in a position to attend college at "college age." Some of us had to wait years. Some of us must attend school while maintaining a home, husband, and family. If he thinks attending school is "sputtering around", he truly is uneducated.

From talking to a number of instructors, they have agreed the older student is more serious, conscientious, more dependable — just generally a

better student. Is it possible, then, that Mr. Hodes can't stand the competition from us? — DARLENE WIT-TANGER.

Quizzes, tests and exams

By DAVID HODES

The instructors' tools are numerous. They seem to be divided between good and bad. The good tools are the blackboard, chalk and books; the bad tools are quizzes, tests, and exams. The problem is understanding what these tools really are.

THE QUIZ: Quizzes are supposed to be fun. They are light, informal and almost giveaways. In fact, they even make television shows out of quizzes.

Quizzes test your basic alertness. To that end, many instructors have been known to give points to students who correctly write their names. The student even believes that the instructor doesn't grade quizzes. This is sometimes true. But the biggest exception to that supposition is the Pop-Quiz.

The Pop-Quiz is not a frozen mess of flavored water on a stick, contrary to popular belief. Pop-Quizzes were initiated by cruel instructors of the early 1600's who would thrash any student who failed. They have no place in today's modern classrooms. Nevertheless they remain, degrading the student and humiliating his feigned intelligence with simple, one-line questions, usually scrawled ferociously on the blackboard. These cute surprises are always graded, and instructors delight in marking a lowly "C" to a previous straight "A" student.

THE TEST: The Test is not funny. The Test must be studied and reviewed for, and it always has a bearing on the students' grade.

Instructors practice strange organization rites on Test papers. Some sections are worth only two points, some are worth hundreds. The student begins to feel like a floor bidder dressed in a clown costume for "Let's Make A Deal".

And, without fail, Tests are typed up with a maximum of 1/8 inch between essay questions. This allows good excuses for the student to not answer the questions sufficiently. But there seems to always be someone in every class who has mastered the art of microscopic print and has lethally inscribed half The Multiple Choice Test offers some refuge. It's hard to know exactly what an instructor wants, but it's easy when the student is given the answer and merely plays a guessing game similar to Russian Roulette. But even here, the instructor has deviant means of confusion. There's the old "only a" trick, or the "only a, b, and c", or the totally inclusive "none of the above" and "all of the above" maneuvers. This sometimes leads to six different choices, multiplying the multiple. And

if that's not enough, there's the always devastating "Pick the letter that best answers the question". This ambiguity makes the student wonder why there simply isn't a letter that perfectly answers the question. "Best" implies a qualitative judgement, which is the job of the instructor. The student cannot be concerned with such godly decisions.

Tests are graded in the usual fashion and are almost always given back to the student. The object is to let the student realize his own mistakes and correct them. However, many students find that once a Test is taken, the material in the Test is also gone. One exception (and there's always at least one) is the Exam.

THE EXAM: Exams are life and death propositions. You don't "flunk" an exam, you are just put into a certain "percentile".

Exams decide futures. There is the Mid-Term Exam, the Semester Exam, and the Entrance Exam. All are omnious. All bring up those nasty Tests that the student thought could be conveniently forgotten about. And that raises the following equation:

2 Pop Quizzes equals 1 Test
2 Tests equals 1 Mid-Term Exam

2 Mid-Term Exams equal 1 Semester Exam

8 Semester Exams equals 1 Entrance Exam

The cumulative process can help bring up bad grades, or make them look worse.

Exams are formal and impersonal. The student is in the same room with other students, but is closely monitored by 15 roving Gestapo officers, 3 close-circuit television cameras, and automatic blinders that beep if violated. The pressure builds, and many students attempt hari-kari at the end of a no. 2 lead pencil.

Entrance Exams are the worst. A computer gets to decide your fate, reading small dots on the Exam sheet. Any stray marks automatically counts as a missed answer. This writer has heard of one student who colored in all the dots on an Exam sheet and was ranked in both the 99 per centile and the 2 per centile!

The most impersonal aspect of this type of Exam is the fact that the student is ranked with

thousands of others whom he has never met. This is a communistic structure and hardly suitable with American standards. It is often wondered if the thousands of others ranked in the same percentile all look alike, have the same motives, etc. Or whether they all had parted too late the night before. Or whether they all had tried to cheat off of John Genius or Ann Answer in front of them.

The consequences of being ranked in a small percentile are too hard to bear. Years of education have been aimed at this pinnacle of academia. To satisfy the computer gods, a prospective student must: 1. sacrifice something near and dear to him, such as a basketball, 2. give up all social functions and become a Reference Book, 3. promise to send his or her first born male child to serve as eternal programmer.

The Exam, the Test, and the Quiz — All three are met each day in school or out of school. But the student must know that survival of the fittest is the rule. Quizzes can be easily mastered; Tests take blood and guts; Exams take supernatural gifts.

Avila dominates Rockhurst

The Avila women's volleyball team knocked off arch-rival Rockhurst on the loser's court on September 21 to raise their record to 2-0. It took three tough games with Avila prevailing 15-11, 12-15 and 15-6.

Later that evening, the girls suffered their first loss of the year to tough William Jewell. Avila won the first game 15-8 and appeared to have command of the second game with a 14-8 lead however, Jewell rallied for a 17-15 win. The Cardinals then won the match by a 15-10 count in the final game.

Avila returned home from the Mid-America Nazarene tournament on September 24 with a second place trophy. The girls dropped the host team handily with a pair of 15-7 decisions with Cindy Paine serving up 21 of Avila's 30 points enabling them to play Ottawa University in the finals.

Avila won the first game of the title match by a 15-6 score on the strength of Paine's 10 straight points. Ottawa came back to win the final two games and the first place trophy by scores of 15-9 and 15-13.

The enjoyment of playing at home for the first time was spoiled on October 1 when Avila suffered four straight setbacks at the hands of Longview Community College and Tarkio College.

The girls made their next

home appearance a better one on October 4 when they swept Columbia College and Maplewood Community College in four contests to raise their record to 5-4. Patti Cronin and Susan Taylor were very instrumental in the sweep of the two schools with heads up net play.

Looking at the future schedule, Avila will host tough Missouri Western and Park College on October 29 at 7 p.m.

Appreciation expressed

Although the steak and rice combination is not at the top of my "best-foods-to-eat-out" list, and though I didn't discover the bread basket until I'd finished my desert, this was still one thoroughly enjoyable meal; one I will remember.

Each year, Southwestern Bell Telephone Company invites students of an area college, to lunch. There are no speeches, no monitors, no ghastly "topics for discussion". Simply a few

members of a large corporate enterprise, enjoying a meal with a dozen students of Avila College. An event which Bell says, brings them closer to the

in the St. Thomas-More gymnasium on 118th and Holmes. Avila will then travel to Park College on November 2 for a 7 p.m. contest that will also include Drury College.

The girls have been playing exciting and entertaining matches and are very deserving of your support so come out and enjoy an evening of Intercollegiate volleyball the Avila way.

customer. And an event which, to me, typifies the spirit of American enterprise — know your customer.

To Anita Fenske, who arranged this luncheon, (and incidentally, this Avila alumnus landed her job with Bell, after first attending their luncheon for Avila students, two years ago!), and to her colleagues, I congratulate you on a most worthwhile business promotion; a simple gesture of friendliness. And my hat is off to you.

By JOHN WAGNER

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SPORTS CENTER
KANSAS CITY

St. Teresa Avila

Homecoming tradition begins

By JOYCE VIETH
and DEBBIE MARKWAY

Avila College is embarking on a new venture to establish what will hopefully become an "All-College" Homecoming tradition in the years to come. The concept of a joint project by Alumni, current undergraduates, and the College staff is designed to provide an enjoyable program of events. This year's celebration is a 3-day week-end highly structured and programmed with a variety of events appealing to a broad range of interests, tastes, and relating to people on diverse levels of interaction.

The program was planned and executed through a joint steering committee headed by Chris Herring and Geri Sulzer which is composed of alumni, current students, and staff. It was coordinated through the office of Student Life Ac-

tivities which is directed by Tom Lease.

The financial responsibility for the 1976 Homecoming has been divided among the Activity Fee Board, the Alumni Association, the College, and the Student Union Board.

All these people and organizations have worked to make this Homecoming the best ever!!

What is an Avila Homecoming?

Avila Homecoming is a social experience to enhance the lives of the Avila Community — a time to let the surrounding area know of and get involved with the happenings of Avila College. It is a revival of an Avila tradition to enrich the lives of and meet the emotional and social needs of the Avila Community.

Homecoming is an opportunity for Avila Alumni to renew acquaintances with former classmates and

faculty and also to develop new friendships.

It is a time to facilitate the interaction of current and past students of Avila in hopes that all would gain a deeper understanding of the College and its mission as well as a greater appreciation for the growth which has occurred to each of us as individuals and Avila as an institution and an ideal.

Finally this year's 1976 Homecoming is a program which will allow the institution to maintain contact with each student past and present, as well as allow all students an opportunity to reminisce and visit both the campus and the staff.

Most of all, Homecoming is fun.



Avila's Powder Puff football team in action at their first game last week against Rockhurst

Numerous activities create fun

It's Homecoming Time! And is there a week-end planned for YOU!

This year's celebration is an "All-Campus" Homecoming! All past and present students and faculty will all gather on the 22nd, 23rd, and 24th of October for a week-end full of festivities!!

To start off the week-end, on Friday Evening October 22nd we have an "Evening at the Old Campus" — a visit to Avila's first campus "St. Teresa's Academy" at 5600 Main. From 7-8 p.m., there will be an open reception with refreshments, music and tours of the campus by alumni and students. Background music at the main lounge grand piano will be provided by one student, Laura Lynn Tettambel, and one alumnist, Mary Ann Caffrey. Then from 8-9 p.m. comes the entertainment! There is a program planned in the auditorium depicting the history of Avila through narration, multi-media show, and stage action by none other than our own Avila Drama Club under the direction of Mark Pilcher. At this time, there will also be an introduction of honored guests — the faculty who taught at the St. Teresa Campus. From 9-10 p.m. the reception will continue on with tours, and a special reception area for the honored guests. Bus transportation is even being provided from the Avila Campus — so come out for an evening of enjoyment!

Saturday October 23rd starts the real action! At 11 a.m. there will be a Homecoming fashion show produced by Halls of Kansas City with our own Avila "girls" and alumni as models. They will be modeling a variety of fashions! There will be a complimentary continental breakfast served in the Marian Centre Dining Room during the show. Then, at 12:30 p.m. there will be a Homecoming Luncheon in the Marian Centre Dining Room. There will be a special dessert menu and demonstrations new and different desserts. At 2 p.m. there will be Open House at Foyle Hall which is the

residence of our own religious faculty. Then at 3 p.m. all the excitement really gets started. Our own Avila Powder Football team will play an area team on the Avila Athletic Field! Yes, folks, this is when the real action takes place! There will be guest celebrities from the Kansas City sport scene! We're even having our very own "Avila spirited M A L E cheerleaders"!! They, along with all of the rest of us are gonna cheer our team on to victory!! RAH, RAH, RAH! Stop, look, and listen!! At the Big Homecoming game you will hear something you have never heard before!

In the past couple of weeks, several interested faculty, alumni, and students have gotten their heads, horns, and instruments together and have created the first Avila Pep Band, aptly dubbed the "Avila Symphonic Stationary Marching Ensemble."

This exceptionally talented and spirited band is directed by one of the music students at Avila.

The band plans to practice hard so that they can do their part to inspire the team and created enthusiasm among the spectators.

During the game, when you hear that fantastic sound created by the Pep Band don't just sit there and listen, get your hands and mouths to working and cheer our team on!

Tuesday's closet grows

The new student publication "Tuesday's Closet", is a collection of original writings, that has quickly become a popular, though scarce item, at this college. The literary magazine sprouted from the first-floor of Carondelet Hall, where a small band of writers put together the first issue five weeks ago.

The weekly publication was recently saved from collapse, by a Student Activity Fee Board decision to allocate \$160 to pay for printing costs exclusively, until at least the end of this semester.

At 5 p.m. there is going to be an Outdoor Bar-B-Que special served in the College Grove. After all that enthusiasm and excitement of the game, come and relax in the grove!

But, don't get too relaxed, because at 6 p.m. starts the Polka Party!! It will be held in the Blasco Hall parking lot until about 9 p.m. or until your feet last!!! Music is provided by the Tony DiPardo Polka Band, components of the KC Chiefs Tony DiPardo orchestra. There will be hot apple cider served and also there will be a pumpkin carving contest with free Halloween pumpkins to all who attend! So, get those feet a moving and those knives a carving and we'll see you Saturday Night!!

Then on Sunday October 24th to sort of top off the Homecoming celebrations there will be a Homecoming Alumni mass at 9:30 a.m. in the Foyle Hall Chapel. At 11 a.m. following the mass will be an Alumni brunch in the Marian Centre Dining Room. During the brunch there will be a recognition ceremony for the various honored alumni classes and of the returning Avila faculty.

So there you have three days of festivities and fun! Come out and make the 1976 Avila Homecoming the BEST EVER!!

Anyone may submit items for publication, or obtain information about the magazine, at the candy store in Upper Marian Centre.

And about the title? Wagner explains, "Tuesday is the day the magazine comes out. And to me, a closet is a place to put things — some things you use, and some you don't; some things valuable and some things precious only to you". It looks as though "Tuesday's Closet" is already precious to many, and its value is sure to increase.

AVILA COLLEGE

1976 ALL-COLLEGE HOMECOMING

Friday, October 22, 1976

7 - 10 p.m. — "An Evening at the Old Campus" — a visit to Avila's first campus at 5600 Main.

7 - 8 p.m. — Open reception with refreshments, tours of the campus by alumni and students, and music provided by Laura Lynn Tettambel and Mary Ann Caffrey.

8-9 p.m. — A program in the auditorium depicting the history of Avila through narration, multi-media show, and stage action produced by the Avila Drama Club; introduction of our honored guests, the faculty who taught at the St. Teresa campus

9-10 p.m. — Reception continues with tours, and special reception area for our honored guests.

(Bus transportation provided from the Avila Campus)

Saturday, October 23, 1976

11 a.m. — Homecoming fashion show produced by Halls of Kansas City, with Avila alumni and students modeling a variety of fashions. Complimentary continental breakfast will be served, Marian Centre Dining Room.

12:30 p.m. — Homecoming luncheon with special dessert menu and demonstration, Marian Centre Dining Room (\$2.00 for non-residents).

2 p.m. — Open House at Foyle Hall, residence for the religious faculty

3 p.m. — Powder Puff Football game between Avila women and KU women, Avila Athletic Field

Special guest celebrities from the Kansas City sports scene

Avila's spirited male cheerleaders

Special halftime show

The Avila Symphonic Stationary Marching Ensemble

Play-by-play broadcast

5 p.m. — Outdoor Bar-B-Que Special served in the College Grove (\$2 for non-residents). (Special children's entertainment scheduled through game and dinner with puppet shows, visits by the Avila Clown Club, and special surprises)

6-9 p.m. — Polka Party held in the Blasco Hall parking lot

Hot apple cider served

Pumpkin carving contest

Free Halloween pumpkins to all in attendance

Music by the Tony DiPardo Polka Band

Sunday, October 24, 1976

9:30 a.m. — Homecoming Alumni Mass, Foyle Hall Chapel

11 a.m. — Homecoming Alumni Brunch, Marian Centre Dining Room

Recognition of honored alumni classes

Recognition of returning Avila faculty

Alumni Association business meeting

(Nostalgic historical display of the History of Avila on exhibit in Marian Centre Lounge, October 18-24, and also on display at St. Teresa campus Friday evening, October 22.)

Swine flu combated combatted

Swine flue vaccine will be available to students and staff of colleges in Kansas City, Missouri during the first week of November. On this campus, shots will be given on Nov. 1, Monday from 9 a.m. to 12 a.m. at The Barefoot Room, Upper Marian.

The federal government requires that all recipients of the vaccine have a consent form signed by an adult before they get the shot. State law in Missouri specifies that only those persons 21 years of age and older, plus married persons 18-21 years, can sign consent forms. These forms will be available for students at this institution at Eloise Jarrell, Fac. Sec.; O'Riely, Dean of Student's office, Balsco; Health Service office—lower Carondelet by Oct. 12. Students 18-21 years of age must get their consent forms signed by a parent or a guardian before getting the vaccine.

According to Don Eubanks, Immunization Coordinator at the Kansas City Health Department, influenza has a special place in the history of epidemic diseases. Plague, smallpox, yellow fever, typhus and the classic scourges have now generally been controlled. Influenza, however, has not. This is so because the virus which causes the disease changes its makeup so often that man cannot build up specific immunity to it. Now a swine flue virus has been identified which is completely different from the flue viruses currently circulating in the human population. The new strain was first identified in February, 1976, at Fort Dix, New Jersey. Several hundred recruits were infected and one died. On every occasion in the past when a major virus change has been identified, a worldwide epidemic has followed.

Scientists do not know for certain if this swine flu virus, officially called A-New Jersey-76 will spread to the general population during the next flu season. If it does, it could cause a worldwide epidemic with extensive illness and death.

There is no known cure for influenza, although antibiotics are important for treating some of the complications of the disease. Vaccination before exposure to the disease is the only way an individual can protect himself from influenza. This year, the nation is carrying out unprecedented efforts by the public and private health care providers to make vaccine available for all U.S. citizens.

Mr. Eubanks stated that "Much has been printed about flu manufacturers wanting the federal government to pass legislation to protect them from lawsuits by persons who might have any reaction to the vaccine. It is important to realize this in no way meant that either these manufacturers or Congress thought there was any question about the safety of

the vaccine." In regard to vaccine safety, the U.S. Public Health Service

reported that field tests of thousands of individuals have shown that only 2-3 per cent of people 18 years of age and older who have been vaccinated for the swine flue have any reactions. Such reactions might include: a slight fever and swelling, redness and tenderness in the arm for about 24-48 hours. Severe reactions are very rare. The flu vaccine contains a virus that has been killed. The vaccine stimulates the production of antibodies in the person receiving it without causing the influenza. Therefore, no one will get influenza from taking the vaccine.

Because the virus used in making the vaccine is grown in eggs, people who are highly allergic to chicken eggs should not take it, according to the Public Health Service. However, even if a person is allergic to chicken eggs and cannot take the influenza vaccine, he will get some benefit from the mass vaccination program. This is because the unvaccinated will be living in a protected population and therefore, will be less likely to be infected than if they were among a population with no immunity. Other persons who should not take the vaccine are those who have a fever at the time they are ready to be immunized.

Influenza is spread from person-to-person through the air. When a person has influenza, or is just coming down with it, the fluids in his nose and mouth contain viruses. They are expelled into the air when he sneezes, coughs, or talks. Then they enter the respiratory passages (nose, mouth, etc.) of other people and cause disease in susceptible individuals. Contrary to rumors, people cannot get swine flu by eating pork.

Symptoms of influenza come on suddenly and may include some or all of the following: fever, chills, headache, dry cough, and soreness and aching in the back and limbs. Fever seldom lasts more than several days, although the patient may continue to feel weak for several days to a week or more. Persons who have these symptoms should contact their physicians immediately.

The Public Health Service has stipulated that private physicians may not charge for the vaccine, but they may charge for administering the vaccine. At public health department clinics there will be no charge for the vaccine or for its administration.

One type of influenza vaccine (bivalent) will be provided for the chronically ill, from 3 years of age on up, and all persons 65 years old and older. Chronic illnesses which qualify include heart, lung and kidney diseases and diabetes. It is a combination

vaccine which gives 70-90 per cent protection from both A-Victoria influenza and swine influenza. The rest of the adult population age 18 and over will be immunized with a separate vaccine (monovalent) against swine flue only. This vaccine will provide 85-95 per cent protection for persons age 25 and over. Adults will receive only one shot of either vaccine. Children with chronic illnesses will need two shots.

Recommendations for other children under 18 years of age are not as yet available, but will be made known as soon as they are received by the health departments.

Flu shots obtained last year will not provide protection against swine flu this year.

Mr. Eubanks noted that "some people have indicated that they might wait to get swine flu vaccine until after an outbreak of it occurs. Such a delay could be dangerous because maximum protection against flu isn't reached until about a month after immunization. The Public Health Service has indicated

that an outbreak of flu could turn into a nationwide epidemic in less than a month and could spread throughout the world in about three months. Few would escape exposure and those unimmunized would be highly susceptible to the disease."

Display explains Church vocations

On October 26 in the Student Center, in or near the dining area, from approximately 10 a.m. to 1 p.m. you will have an opportunity to meet a Catholic Sister, a Catholic Brother and a Catholic Priest. You will also have a chance to pick up FREE materials about people and careers in church ministry.

Your career is going to determine how you live. You need to find permanent employment — a job that brings happiness — work that helps yourself and others. WHAT ARE YOU DOING ABOUT IT? WHAT CAN YOU DO ABOUT IT?

YOU ONLY HAVE ONE LIFE TO LIVE — IF YOU'RE GOOD NEWS, THAT'S ENOUGH!

VISIT THE DISPLAY ON OCTOBER 26.

Join The Examiner Staff... Fill This Space!

The wonderful art of cramming

By DAVID HODES

Within the anatomy of the human being, there exists approximately 6 cubic inches devoted to the enclosure of the main organ, known as the brain. The brain gives humans speech, taste, feeling, and most importantly, the ability to store knowledge. Herein lies the phenomena of cramming.

It begins with the assignment of a test. The student, numb to the possibility of such an event, endorses procrastination. There are parties to attend, instructors to condemn, and cafeteria food to get sick on. Test,

exams, and even more subtle procedures such as quizzes, appear easily conquerable. Until The Night Before.

On The Night Before a test, the student is seen in a frantic state: hair uncombed, cokes and coffee flowing freely, cigarettes crowding nearby ashtrays, and insignificant mumblings sneaking through parched lips. Hundreds of books slowly mangle the arm, producing another phenomena known as the "Book Bends". Pool tables, pinball machines, talkative friends — all are enemies. The odds are heavily stacked against him or her.

And so, through 50 pages of one book and into 60 pages of another, the student labors. The eyes begin to glow red.

Curses against man and nature become instinctive. Regrets over those nights when this article should have been read or that report written, build. Like a strange funnel, the morning hours begin to collide so that sleep seems a luxury for the apathetic.

And then the small cubic container that rests on every human's shoulders begins to overflow. The head begins to throb, approaching the threshold of rupture. The eyes cross and re-read pages one too many times. The fingers freeze around the pen. The mind begins to question its sanity. Here, congratulations are in order. The Art of Cramming is completed.